

## WELCOME TO ASCENSION

SAVE YOUR PEOPLE, OH GOD, AND BLESS YOUR INHERITANCE

We are only allowing **between 22 and 44** people in Church and **no** people in Church Hall

**SUN JULY 5**

**4<sup>th</sup> SUNDAY AFTER PENTECOST**

Ton 4 Rom 10:1-10 Mt 8:28-9:1

**11:00**

**Divine Liturgy for Our Parishioners and Peace in our Country**

Tue July 7

8:30am “[Moleben to the Theotokos](#)” **Peace in our Country and** for Protection and Healing of the coronavirus and all serious illnesses

Wed July 8

8:30am “[Moleben to the Theotokos](#)” **Peace in our Country and** for Protection and Healing of the coronavirus and all serious illnesses

Thu July 9

10:00 am “[Moleben to the Theotokos](#)” **Peace in our Country and** for Protection and Healing of the coronavirus and all serious illnesses

6:00pm

“**ROSARY**” **Prayer for Protection and Healing** of the coronavirus and all serious illnesses by Men’s Club

**SUN JULY 12**

**6<sup>th</sup> SUNDAY AFTER PENTECOST**

Ton 5 Rom 12:6-14 Mt 9:1:8

**11:00**

**Divine Liturgy for Our Parishioners and HGB Patrick Cook and his Family by Suzanne Cook**

# God bless America!!!

## LIVE-STREAMING DIVINE LITURGY AND PRAYERS

**Ascension of Our Lord Byzantine Catholic Church** is providing live broadcasts of Divine Liturgy and prayers on the internet for those who would like to experience our worship and pray with us, but are unable to join us because of limited access due to COVID-19, work, personal illness or distance.

Attending the services via live streaming is an aid to sincere devotion but if you are able, we look forward to having you join us in person.

For easy access to our Facebook, go to our website, ascensionVA.org and link to our Facebook page. Past liturgies are also in an archive of videos on our website.

### Schedule

#### Divine Liturgy:

Sundays, 11 AM  
Tuesdays, 8:30 AM  
Wednesdays, 8:30 AM  
Thursdays, 8:30 AM

#### Rosary:

Thursdays, 6 PM

Keep practicing social distancing and use a mask when out and about as we continue through the "reopening" process.

Thank you again for your continued support and your patience as we work through these challenging times together.

Please pray for me and I will continue to pray for you. Let us not forget to pray for our country!  
Fr. Alex

of my heart and with every breath I take. Amen (Imprimatur March 1973, +Richard H. Ackerman, Bishop of Covington)

## Recommendation from Bishop concerning attending Divine Liturgy and receiving Holy Communion.

1. Should you stay home from Divine Liturgy? Please use your own prudence. If you believe you are sick, or you are in danger, you are dispensed from attending, and God will bless you for praying home.
2. Should you avoid receiving Holy Communion on spoon? St. Paul says about communion, "Let each one examine himself." If you believe you are sick, or that you are in danger because of weak health, and you do not receive, I promise you that God will still bless you with His abundance of graces.

### Prayer to Guardian Angel

Angel of God, my guardian dear, to whom His love commits me here: ever this day be at my side, to light and guard, to rule and guide. Amen

### Prayer to Defeat the Work of Satan

O Divine Eternal Father, in union with your Divine Son and the Holy Spirit, and through the Immaculate Heart of Mary, I beg You to destroy the power of your greatest enemy- the evil spirits. Cast them into the deepest recesses of hell and chain them there forever! Take possession of Your Kingdom which You have created and which is rightfully Yours. Heavenly Father, give us the reign of the Sacred Heart of Jesus and the Immaculate Heart of Mary, I repeat this prayer out of pure love for You, with every beat

## Parishioner to Parishioners

Well; things are starting to get hot now. Right on cue, Shawn King (the white man that pretends to be black) comes out to say they need to tear down Jesus religious statues. I read that a Statue of St. Junipero Serra has indeed been tore down in California. I have read that the Catholic Bishops of California failed to condemn the action. They only asked that for this process of tearing down statues "to be truly effective as a remedy for racism, it must discern carefully the entire contribution that the historical figure in question made to American life, especially in advancing the rights of marginalized peoples." **If true this is shameful. This is a sign of weakness.**

Tearing down religious statues has nothing to do about improving racial relations. This is reminiscent of an old church heresy call iconoclasm, which is the rejection or destruction of religious images as heretical. In the early 700s, there was a group of Christian that believed all religious images should be tore down because they thought that other Christians were worshiping the image (statue, icon etc...). Iconoclasm was condemned by the 2nd council of Nicaea, but rose again during the protestant reformation. Iconoclasm though was a battle between two Christian sects.

**This is not iconoclasm.** What is at work here is the first steps of delegitimizing our faith. More and more you will find that it is OK to show their symbols (gay pride flag, BLM signs, graffiti satanic symbols etc..) and it is inappropriate and possibly illegal to show our signs (Cross, Christian symbols, 10 commandments signs etc.. )

This is a dangerous trend and may progress so that they (ANTIFA, BLM or other groups) will one day come into our churches and disrupt services, desecrate altars. This action if not stopped quickly will eventually lead to killing Christians.

Anyway lets see what the Bishops and Clergy does. As laity we need to be ready to defend what we hold sacred. **Remember if you cannot defend what you hold to be sacred you will defend nothing. You will be completely helpless and at the mercy of evil.**

Satan knows his time is limited and is throwing everything at us at this moment in an attempt to bring down Christ's church on earth. Remember the vision of Pope Leo

XIII...Next time we will continue with the Marion prophesies with the revelations of Akita Japan in 1973. Here we will find something we are seeing today regarding what is happening inside the Church.

Love Dad

COMMITTEES

Trustees:	Mike Olson, David Efimetz
Bible Study with Coffee:	Linda Lechman
Liturgical/Church Website:	Don Merkely
Men’s Club:	John Alexander
Outreach Cleaning:	Betty Mae Hertz
Property:	Father Alex
Publicity:	Mary Jean Sotack
Security:	Mike Olson
Secretary:	Ann Kelly
Book Keeper	Patty Dutry
Youth:	Sasha Kusno

HOSPITALITY

Please see Bulletin Board at the entrance to St Phillip's Hall for schedule of Lectures, Financial Recorders and Hospitality.  
NO Hospitality

FINANCIALS

Total Contributions: Monthly Dues -500.00 Holyday SS Peter & Paul –40.00  
Offertory – 550.00 Non-Monetary Donation – 121.33 Fuel –0.00 Rainy Day Fund-000.00  
Fund Raisers Income Tag/Yard Sale – 00.00 Candles – 100.00  
Sewer Repair Project – 1000.500  
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Enrollment for children's Eastern Catholic faith formation is still open. Ages 5-17. Please Call Patty or Sasha.

Sanctuary Lamp: HGB Margan Family, Requested by Katarina Margan

Tetrapod Lamp: **For Our Parishioners**

Theotokos & Child Lamp: **For Peace in our Country**

Christ Teacher Lamp: HGB David Noonan, Requested by Chris Noonan

John Baptist Lamp: **For Our Parishioners**

Protection Theotokos Lamp: HGB Patrick Alexander, Requested by Lee & Kathy Alexander

St. Nicholas Lamp: **For Peace in our Country**

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**When receiving Holy Communion, closely approach Father Alex, tell him your first name, tilt your head back, widely open your mouth (no need to extend your tongue). Father Alex will say the prayer while dropping the Precious Species into your mouth with a spoon**

HAPPY JULY BIRTHDAYS

JUNE EVENTS

- 1<sup>st</sup> Tom McGraw
- 2<sup>nd</sup> Ory Stefaniw
- 6<sup>th</sup> Sasha Eckstein Kunso
- 6<sup>th</sup> Tony Kass
- 13<sup>th</sup> Steve Morgan
- 13<sup>th</sup> Kevin Kelly
- 14<sup>th</sup> John Alexander
- 15<sup>th</sup> Maureen Baysura
- 16<sup>th</sup> Nadia Carden
- 16<sup>th</sup> Mary-Catherine Cook
- 19<sup>th</sup> Peter Margan
- 28<sup>th</sup> Isadora Jane Collins

## Spiritual Communion

O Jesus, I turn toward the holy tabernacle where you live hidden for love of me. I love You, O my God, I cannot receive You in Holy Communion. Come, nevertheless, and visit me with Your grace. Come spiritually into my heart. Purify it. Sanctify it. Render it like unto Your own. Amen.

## New Information:

**Are you aware of any organization or church that is selling used church pews? Desired length 12 feet. If so, please speak to Father or a Trustee.**

Nadia Shockley's Father, Roman Slysh, is seeking a caregiver to live with him in his beautiful lake home in Raleigh, NC. Mr. Slysh is a healthy 93-year-old of Ukrainian descent. He is seeking a lady of Eastern European descent to live with him and fulfill duties of cooking, cleaning, and companionship. Mr. Slysh is healthy, drives, and leads an active life. He is active in the Ukrainian Catholic church in Raleigh. If anyone has any possible contacts, please contact Nadia Shockley at 757-867-0882 or [nadiashockley62@gmail.com](mailto:nadiashockley62@gmail.com)

## Prayer for Strength

"Holy Spirit, I need You more than ever right now. My heart is hurting, and I feel overwhelmed with loneliness. At this moment, I welcome Your presence, Your peace, and Your love. Thank You for filling me with Your overwhelming comfort, holding me in Your arms and surrounding me with Your healing love. Your Word says that because I'm Your child when I hurt, You hurt too. Thank You for caring about every single detail of my life, wiping away my tears, and for always being here for me. I love You, Lord. In Jesus' name, Amen."

Lord, I'm not praying for miracles and visions, **I'm only asking for strength for my days.** Teach me the art of small steps.

Make me clever and resourceful, so that I can find important discoveries and experiences among the diversity of days.

Help me use my time better. Present me with the sense to be able to judge whether something is important or not.

I pray for the power of discipline and moderation, not only to run throughout my life, but also to live my days reasonably, and observe unexpected pleasures and heights.

**Save me from the naive belief that everything in life has to go smoothly.** Give me the sober recognition that difficulties, failures, fiascos, and setbacks are given to us by life itself to make us grow and mature. Send me the right person at the right moment, who will have enough courage and love to utter the truth!

**I know that many problems solve themselves, so please teach me patience.** You know how much we need friendship. Make me worthy of this nicest, hardest, riskiest and most fragile gift of life.

Give me enough imagination to be able to share with someone a little bit of warmth, in the right place, at the right time, with words or with silence.

Spare me the fear of missing out on life.

Do not give me the things I desire, but the things I need.

**Teach me the art of small steps!'**

“A Soulful Prayer by Antoine DE Saint-Exupery”